



***Tick this amazing walk off your bucket list***



## CAPE TO CAPE TRACK

The 124km Cape to Cape Track is one of Australia's best walking trails where you're never far from the cliff-top vistas, white sand beaches and clean ocean air. We walk north to south – having the sun behind us and vistas ahead.

## ITINERARY

**Tour length:** 7 days 8 nights

The Cape to Cape Track is termed “moderate terrain” and we recommend some training preparation to make the walking experience the very best for you. The itinerary is set so that your longest day is your last - when you are the most track fit and you walk with the sun behind you.

**Transport:** When booking transport – meeting place is Yallingup and the finish is Augusta.



*Day prior to trek departure*

**Meeting place: Yallingup Beach Caravan Park.**

Please advise your estimated time of arrival and your mode of transport.

TransWA bus, arrives at Yallingup dropoff point approximately 1.15pm. We meet this bus and transfer your luggage to Simply Trekking campsite. It is a short walk through gardens to the beach campsite.

**Hiking food - Coles click & collect order:**

First 4 days of hiking: Place your order at Dunsborough Coles for collection between 2-4pm. Text your order to Marie 0427058866 and we deliver to your tent.

Last 3 days of hiking: Place another order at Margaret River Coles for collection between 12-2pm on the fourth day of hiking. Text your order to Marie 0427058866.

**Night prior dinner at Caves Hotel:** We make a group table booking and your briefing for the tour will be at 6pm. Dinner and drinks your cost.



**We provide for the group:**

Blue bag - condiments, olive oil, sugar, herbs, backup supply of tea, coffee.

Blue bag - teapot, coffee plunger, group kettle

Fruit Insulated bag – 2 pieces per person each day

Salad insulated bag – various salad items available each night for the group

Charging station for iphones - in front of Simply Trekking admin tent

Additional barbacue cooking implements , large pot, group kettle

Dishwashing liquid, cloths, bowl, drainer.

**Inside your tent:**

Hiking food :We provide a zipped bag “per person” for your first 4 days of hiking food.

Pots, pans: We supply a blue bag per tent with cooking needs.

Plates, cups: A blue bag per tent with eating needs.

Teatowels: two per tent

Stove: with gas (if runs low or slow please ask for a new full one)

Duffle Bag: we provide a duffle per person for your personal gear that you will need for the 7 days of hiking. Please bring any excess luggage in a soft bag so that it can be stored at the back of our trailer with access at the end of Day 7.

### ***DETAILED ITINERARY:***

#### ***Day one: Cape Naturaliste Lighthouse to Yallingup 13.3 km***

8.30am We transfer to the top of Cape Naturaliste, the northern terminus of the Cape-to-Cape Track. There will be time to enter the Lighthouse precinct for the gorgeous views in front of the lighthouse, if we're lucky you may catch a glimpse of a whale or dolphins. The first 3 km of the Cape to Cape is wheelchair friendly and has many incredible views. From Sugarloaf Rock the track becomes uneven and rocky and the next 2.3km follows the edge of the cliff tops with expansive views. We reach Three Bears (Kabbijgup) and take the steps leading down to the beach to then join a mix of narrow path and sandy 4-wheel drive track for the next 4.4km. A welcome break stop is at Mt Duckworth campsite. It is only another couple of kms to reach the small settlement of Yallingup.

#### ***Day two: Yallingup to Moses Rock Car Park 17.2km***

From Yallingup we walk along top of the cliffs then descend to Smiths Beach for some beach walking. At the south end the track heads uphill and becomes rocky and interesting with lovely viewpoints. We pass through Injidup with an excellent viewing platform where we can take in the view and watch the surfers. We cross the small stream and at the top can take the diversion to Quinninup Falls. Quinninup Falls is particularly lovely in winter when it is flowing, this red sand area is significant to the local Aboriginal people, so we keep to the path. It is only 1.3km to the Moses Rock North car park where we are transferred to our new campsite where your tent and a hot shower awaits you.

#### ***Day three: Moses Rock Car Park to Gracetown 13km***

Today is often voted to be one of the best for its variety. Panoramic views, the stunning red rocks of the Wilyabrup Sea Cliffs which you see from a distance then up close as you climb down to a green grotto then up a wooden set of stairs that take you steeply uphill to excellent views. From a granite headland called Whaleback Rock, the path turns rocky with lichen and in spring, pink fairy orchids. The path continues around the top of the cliff edge, and we descend to views of our destination, the sheltered bay of Cowaramup. Bring your bathers on this day, to



enjoy a refreshing swim in the crystal-clear bay. We will run two transfers from the beach up the hill to the Gracetown Caravan Park at 2pm and 4pm. [Family Owned Boutique Vineyard | Wilyabrup Margaret River | Grace Farm](#) is situated across the road from the caravan park for wine tasting (closes at 5pm). Gracetown Café is open until approximately 3pm and is great for coffees early next morning when we transfer walkers back to the track.



***Day four: Gracetown to Prevelly 18.5km***

After an early morning stop at Gracie's Café, we continue along the coast until we turn inland alongside Ellens Brook to arrive at Ellensbrook House. Here we enjoy the green grass, follow the path to the weir and up to the waterfall. The track moves further inland along a 4WD track until we come out again onto the coast and Margaret River mouth. Your private camp is set up at Prevelly Caravan Park on a powered site. We suggest a glass of wine at the Sea Garden Café watching the sun go down before having dinner at the café (your cost).

***Day five: Prevelly to Contos 17km***

From our campsite we climb gently onto the escarpment and descend down to lovely Redgate Beach. The sand walking can be challenging but the scenery makes up for it. The next 7km stretch stays above the ocean, meandering through short coastal scrub and offering up superb views along the way. Bob's Hollow is a hidden little gem and then we skirt the cliff tops looking over Conto Beach to reach Conto's campground and our private campsite amongst the trees.

***Day six: Contos to Hamelin Bay 21km***

The first 15km section is easy walking on firm forest tracks through some spectacular karri

forest. We then turn towards the ocean and pop out through sand dunes onto Boranup Beach for a 6km beach walk. This beach is usually hard packed and easy walking. You can see Hamelin Bay in the distance, a wide sweeping bay, great swimming, sting rays to view and wooden walkways and rocky lookouts.



***Day seven: Hamelin to Augusta 24km***

From Hamelin Bay, there is a short loop detour to White Cliff Point with some beautiful views, then down to the beach into Foul Bay (strange name as its lovely) then walk inland to reach the Foul Bay lighthouse and have more fantastic views. From Cozy Corner Road you're at the start of an interesting limestone platform which is made of limestone and is full of gaps and holes. During large swells, blow holes can be heard and seen. We have to carefully pick our way across the flat rock, watching for the holes!. Deepdene Beach is a wide and sweeping beach and we follow this beach 7km then climb up above the Augusta Cliffs and the track meanders along inland until it reaches Cape Leeuwin Lighthouse, southern terminus of the Cape-to-Cape Track. We transfer walkers at 2pm and 4pm from Cape Leeuwin to our campsite in Augusta, being Turners Caravan Park

It is an easy walk or car transfer from the campsite to Augusta Hotel for a celebration dinner at Augusta Hotel.

*Morning after track finish, tent checkout is 9am as our campsite must be vacated by 10am.*