



## L-PLATE MOUNTAIN AND WILDFLOWER 4 DAY FAMILY TREK

July School Holidays – Tuesday 16 July 2019

This trek has been chosen as a beginner family trek for its closeness to Perth, ease of access and short kms per day. The track is fairly flat for majority, crosses the Canning River and on our last day the children will enjoy the challenge of rock climbing to the summit of Mt Cuthbert with spectacular views to the east, north and north-west. This continues along the saddle to more rock climbing at Mt Vincent and we descend on a spur trail that crosses Sullivan Rock to finish at the parking area on Albany Highway.



**Day one:** Mt Dale to Brookton 10.3kms We commence our trek at Mt Dale picnic site and shortly we climb uphill to the summit of Mt Dale and walk on to arrive at Mount Dale Campsite. We explore the campsite for an old timber lined well. We walk with good views back to Mt Dale and through a mixture of wandoo, jarrah and sheoak forest and then reach the rammed earth Brookton Campsite.

**Day two:** Brookton to Canning 11.1km. From Brookton the trail skirts the lower rim of a large granite outcrop known as Abyssinia Rock. It is well worth walking up the slope to the crest of this rock to experience the massive jumbled boulders and latticework of cracks and crevices plus there are outstanding views to the east, south-east and south. We cross a low swampy area on an old walk trail and then a railway formation through some lovely swamp paperbark and swamp banksia to reach Canning campsite.

**Day three:** Canning to Monadnocks 15.6km From the campsite we descend to a broad flat watercourse and cross on a sleeper crossing amidst magnificent mature paperbarks and swamp banksias. After some ups and downs we pass through a small stand of **virgin jarrah**. This gives a relatively rare insight into the original forests of this area. We continue to descend to cross the Canning River on a footbridge. We meander along vehicle and walk tracks, cross many small water courses to ascend to Monadnocks Campsite which is situated up high with a lovely outlook.



**Day four:** Monadnocks to Sullivan Rock 7km This is one of the more challenging and spectacular day on the Track, which we feel, will add excitement to your final walking day. There is lots to explore as we ascend up and down, across the knolls of both Mt Cuthbert and Mt Vincent until we make our way to Sullivan Rock and our destination carpark on Albany Highway. We will reach here approximately 11am and to travel to Armadale for a celebration lunch.

**Cost:** \$480 per family additional adult \$25 per day, additional child \$25 per day, trekking gear available to hire, BYO food for 4 days, transport your own or shared cost, lunch in Armadale your cost). It is a prerequisite that you have completed an overnight trek in preparation. Further details will be forwarded on booking.